

MARCH 2024

Breakfast includes: 2 oz. of Grain/1 cup of fruit/8 oz. milk WATERFORD SCHOOLS K-12

One daily Breakfast at no charge to all students this 2023-24 school year!

Thursday Wednesday **Friday** Monday **Tuesday** Choice of: Please visit www.mvschoolbucks.com WG Goody Ring to add funds to your child's account. Or WG Muffin or WG Cereal **Assorted Fruit Choices** 100% Fruit Juice Milk Surfs Up! Ride the wave in for a delicious school breakfast NATIONAL SCHOOL BREAKFAST WEEK March 4th-8th Choice of: "Wipe Out" Choice of: "Stoked" Choice of: "Hana Ten" Choice of: "Gnarly" Choice of: "Aloha" Sweet potato Roll Early Riser Egg & Hash Brown Patty Egg & Cheese breakfast Sandwich Confetti pancakes Warm Banana Bread Or WG Muffin or Cereal **Assorted Fruit Choices Assorted Fruit Choices** Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices 100% Fruit Juice Milk Choice of: Choice of: 15 Choice of: Choice of: Choice of: Mini Eggo Waffles Blueberry Donut holes Early Riser Egg & Hash brown patty Confetti pancakes Breakfast pizza Or WG Muffin or WG Cereal Or WG Muffin or Cereal **Assorted Fruit Choices** Assorted Fruit Choices **Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices** 100% Fruit Juice Milk Choice of: Choice of: Choice of: Choice of: Choice of: Early Riser Egg & Hash brown patty Blueberry muffin Mini Eggo waffles Confetti Pancakes Mini French toast Or WG Muffin or Cereal Or WG Muffin or Cereal Or WG Muffin or WG Cereal Or WG Muffin or Cereal Or WG Muffin or Cereal **Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices** 100% Fruit Juice Milk Choice of: Choice of: Choice of: Choice of: Choice of: Warm Banana Bread Early Riser Egg& Hash Brown Patty Mini Eggo Waffles Breakfast Pizza Egg & Cheese Breakfast Sandwich Or WG Muffin or WG Cereal **Assorted Fruit Choices** Assorted Fruit Choices **Assorted Fruit Choices Assorted Fruit Choices Assorted Fruit Choices** 100% Fruit Juice Milk 100% Fruit Juice Milk 100% Fruit Juice Milk 100% Fruit Juice Milk 100% Fruit Juice Milk

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG), all other grains are enriched A VARIETYOF FRESH FRUITS OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

*Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY

*Menus are subject to change