



# MARCH 2024

## WATERFORD SCHOOLS K-12

### LUNCH PRICES

Elementary \$3.25

CLMS \$3.50

WHS \$3.75

\*Second Meal=\$4.25 - Adult Meal \$5.00

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

### Monday



For the 23-24 school year, students qualified for **Reduced status** will receive one lunch at no cost per day

### Tuesday



### Wednesday



### Thursday



### Friday

Hotdog on a WG Roll **4**  
Oven baked fries  
Steamed Golden Corn  
Baked beans  
Apple Milk

Beef & Cheese Nacho Boat **5**  
Lettuce & tomato  
Fiesta beans Salsa  
Mini corn muffin  
Pineapple chunks Milk

Penne' Pasta *with* meat sauce **6**  
Garlic knot  
Steamed Broccoli  
Diced Peaches Milk

PT Conferences/ Early Dismissal **7**  
Cheese Quesadilla  
Seasoned sidewinder fries  
Golden steamed Corn Milk  
100% Fruit juice Sidekick

Pizza square **1**  
Garden salad  
Baby carrots/ranch  
100% Apple juice  
Milk

Cheeseburger **11**  
Sandwich salad cup  
Baked beans  
Oven fries  
Orange smiles Milk

"Brunch for Lunch" **12**  
French toast sticks  
Potato puffs Sausage links  
Maple syrup Craisins  
Mango juice Milk

Chicken Alfredo **13**  
On rotini pasta  
Broccoli  
Garlic bread  
Diced Peaches Milk

Soft Beef & Cheese Tacos **14**  
Fiesta beans Brown rice  
Lettuce & tomato salsa  
Diced Pears Milk

Mozzarella sticks **15**  
Marinara sauce cup  
Green beans  
Warm Bread stick  
Red seedless Grapes Milk

Shamrock Mc Nuggets **18**  
O'Smiley fries  
Green Broccoli  
Pot o' Gold fish  
Green Apples Milk

"Yangs" Orange Chicken **19**  
Brown rice  
Steamed sliced carrots  
Orange SMILES  
Milk

Macaroni & Cheese **20**  
Steamed peas  
Garden salad/ Italian Dressing  
Warm Dinner roll  
Diced Peaches Milk

Chicken tenders & **21**  
Waffle sticks syrup cup  
Sweet potato fries  
Cucumber wheels  
Applesauce Milk

Pizza Bites **22**  
Marinara sauce Cup  
Garden Salad/ Ranch Dressing  
Apple juice Milk  
WG Cookie

*Meatless Monday!* **25**  
Grilled Cheese Sandwich  
Potato puffs  
Baby carrots /ranch Milk  
100% frozen fruit juice Sidekick

Chicken drummies **26**  
Mashed potatoes  
Steamed Broccoli  
Warm dinner roll  
Applesauce Milk

Penne' Pasta **27**  
*With* Meatballs & Sauce  
Bread stick Green beans  
Diced Peaches Milk

Turkey & Cheese Grinder **28**  
Cucumber wheels  
Baby Carrots Ranch cup  
WG Doritos Apple Milk

**School Holiday** **29**  
**No School**  
Wellness Tip: *Start your day with a healthy breakfast!*

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain* (WG), all other grains are enriched

**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

**Alternate Choice Yogurt Meal AVAILABLE Daily** or Alternate Salad meal offered when available (See kitchen manager)

Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk

Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk

**Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and/or milk**

**\*Menus are subject to change**

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